Millcreek Community Hospital

A partner in total healthcare for a lifetime

LECOM COLLEGE OF OSTEOPATHIC MEDICINE & SCHOOL OF PHARMACY · Millcreek Community Hospital · LECOM THE JOHN M. & SILVIA FERRETTI MEDICAL FITNESS & WELLNESS CENTER · MEDICAL ASSOCIATES OF ERIE

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Volume 1, Issue 2

MEDICAL EDUCATION NEWS

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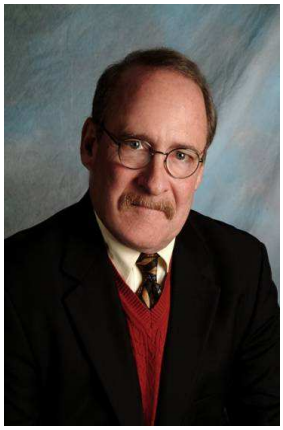
Sports Medicine Fellowship Receives Five Year Accreditation



The Sports Medicine Fellowship has recently been awarded a five year accreditation by the American Osteopathic Association to continue to train two primary care sports medicine fellows each year. Under the direction of *Patrick F. Leary DO FAOASM, FACSM*, the fellowship is in their third year of operation.

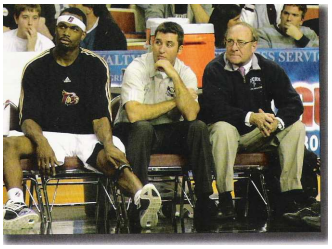
The program's affiliation with LECOM, the largest and most innovative medical school in the nation, has allowed for teaching and training in association with many fine osteopathic specialists in the community. The campuses in Erie, Pennsylvania, Bradenton, Florida and Greensburg, Pennsylvania have facilitated nationwide research and broad opportunities for the fellows.

The Sports Medicine Program offers the experience, training and leadership like none other. This is a program for osteopathic physicians, taught and led by osteopathic physicians, and they adhere to the competencies of the AOA, AOASM and AOBFP. Applications are accepted from osteopathic physicians who have completed residencies in Family Practice, Internal Medicine, Emergency Medicine, Pediatrics and Physical Medicine & Rehabilitation. Exposures will include expanding skills in return-to-play determinations, Musculoskeletal Ultrasound, Injection Therapy, Prolotherapy, and Concussion Management. Computer based Neuropsych Testing, ACL Injury Prevention, Acupuncture (and a host of other sports medicine and integrative components related to the expanding field of sports competition, movement and exercise) are provided. Bodymap and functional movement screening is emphasized in performance enhancement and injury prevention.

Head team physicians for over 700 athletes at Mercyhurst College including Division I men's and women's hockey, ***Doctors Leary and Coppola*** perform pre-participation physical examinations, training rooms and daily injury assessments throughout the athletic seasons. On-field event coverage of football and men's and women's hockey are part of their responsibilities. The Sports Medicine Fellows' primary continuity clinics are performed at the Student Health Center on the Mercyhurst College campus and allow for ongoing training in their primary specialty.

Drs Leary, A. Ferretti, Martin & Coppola

Additionally, LECOM Sports Medicine provides the medical care and event coverage for the NBA Development League franchise, Erie BayHawks. Playing a fifty game season, the BayHawks are in their third year and are affiliated with the New York Knicks.



BayHawks and Patrick Leary, D.O.

Daily clinical patients include fitness injury evaluations and treatment for our expanding "Baby Boomer" population and non-surgical musculoskeletal diagnosis and therapies. The Sports Medicine Department is located in the 100,000 sq. ft., LECOM Wellness Center. The LECOM Wellness Center provides physical therapy, aquatic therapy and integrative opportunities of yoga, TaiChi, and a complete physical fitness facility. Also, Orthopedic, Radiology, Gynecology and Geriatric Specialists and a complete xray suite with CT/Nuclear/Dexa/Ultrasound share the third floor. MCH's Orthopedic Residency, Geriatric, and OMM Fellowships are integrated into the Sports Medicine curriculum.

Yearly attendance and presentations are required at the annual meetings of the AOASM and ACSM. The LECOM Sports Medicine leadership has historically been a part of the national sports medicine arena and hold leadership roles in those organizations.

Educational and philanthropic activities have been experienced yearly in Honduras through the Hackett Hemwall Foundation. An immersive experience in Prolotherapy techniques is held each spring. Fellows are encouraged to participate in a yearly injection therapy course sponsored by the University of Wisconsin. Acupuncture, nutrition and a mind-body perspective are all incorporated *continued on pg. 2*

Sports Medicine Fellowship, continued

into the year long curriculum.

Weekly didactic lectures for LECOM Medical Students are presented by the Sports Medicine Department in addition to OMM lab demonstrations. Sports Medicine Physicians precept MSIII and MSIV students monthly in clinical exposures along with mentoring the LECOM Sports Medicine Club, providing didactics and demonstrations monthly for this enthusiastic club.

LECOM Medical Students, Lindsey Stephens & Jennifer Trypkowski present their Sports Medicine Research at a national conference.

The one-year post residency fellowship offers supervised experiences by board certified sports medicine specialists in the office, in the classroom and on the side lines. Research opportunities, national speaking venues and yearly publication are part of the norm.

Applications for our Primary Care Sports Medicine Fellowship, and requirements for applicants can be downloaded from the website www.millcreekcommunityhospital.org, (medical education link, residency/fellowship application link) and forwarded to Millcreek Community Hospital, Medical Education mchmeded@mch1.org, for review. Selected candidates will be asked to personally interview in Erie. LECOM Sports Medicine does not participate in the match.

LECOM SPORTS MEDICINE FACULTY:

Patrick F. Leary D.O., FAOASM, FACSM
Certified in Family Practice, Sports Medicine and Geriatric

Drs. Leary & Chappell

Gregory W. Coppola, D.O., FAOASM
Certified in Family Practice, Sports Medicine, OMM, Integrative Medicine Fellowship

UPCOMING RESIDENCY IN-SERVICE EXAMS:

Thurs. Oct. 13th, 8am, MCH Ed. Ctr., Rm. A , Family Practice In-Service Exams

Thurs., Oct. 13th, 8am, MCH Ed. Ctr., Rm. B, Psychiatry In-Service Exams

Saturday, Nov. 12th, 8am, LECOM Computer Lab, Orthopedic In-Service Exams

LECOM Research Day

Poster/Lecture sessions

LECOM Atrium and Lecture Hall C
Thursday, October 20, 2011
9:00-4:00 P.M.

Awards (poster/lecture):
1st Prizes - $500, 2nd Prizes- $250
Honorable Mention - $100

Competition open to all students, interns, and residents

Research abstracts should be 250 words or less and submitted online to:
https://www.surveymonkey.com/s/LECOMResearchDayAbstracts2011

Deadline for receipt of abstracts:
Friday, October 7, 2011 at 5:00PM

LECOM provides help for the poster preparation

Sponsored by LECOM and LECOMT

Upcoming Podiatry Workshop,
"Podiatric Surgical Skills Update"
LECOM Anatomy Lab
Saturday, October 15, 2011
9am to Noon, sponsored by Arthrex
Register to attend: 814/868-8217, mchmeded@mch1.org

The 2011 House Staff Picnic was held on Sunday, Aug. 7th at Waldameer Park on Presque Isle. Enjoying the festivities are:

Robert Ogg, D.O. , Orthopedic Resident and family along with Brian Viviano, D.O., Internal Medicine Resident and family.