

## Program Directors Evaluation of General Competencies

Resident's Name \_\_\_\_\_

Competency	Skill	Competent	Evaluation Method
Osteopathic Philosophy and Osteopathic Manipulative Medicine	1. Demonstrates understanding and application of osteopathic manipulative treatment (OMT) by appropriate application of multiple methods of treatment, including but not limited to, High Velocity/Low Amplitude (HVLA), strain/counter strain, and muscle energy techniques.		
	2. Demonstrates, as documented in the medical record, integration of osteopathic concepts and OMT in all sites of patient care including the continuity of care training site, the hospital, and long term care facility. It is understood that integration implies the use of OMT in such conditions as, (but not limited to) respiratory, cardiac, and gastrointestinal disorders, as well as musculoskeletal disorders.		
	3. Understand the philosophy behind osteopathic concepts and demonstrates this through integration into all clinical and patient care activities.		
	4. Can describe the role of the musculoskeletal system in disease, including somato/visceral reflexes, alterations in body framework, and trauma.		
	5. Understands the indications and contraindications to osteopathic manipulative treatment.		

Program Director Initials \_\_\_\_\_

Competency	Skill	Competent	Evaluation Method
Medical Knowledge	1. Demonstrates through an analytical approach to clinical situations, an understanding and application of clinical medicine to patient care.		
	2. Knows and applies the foundations of basic science and clinical and behavioral medicine appropriate to family practice.		
	3. Has developed a thorough understanding of family orient's care.		

Program Director Initials \_\_\_\_\_

Competency	Skill	Competent	Evaluation Method
Patient Care	1. Communicates effectively.		
	2. Demonstrates caring and respectful behaviors when interacting with patients and their families.		
	3. Interviewing-gathers essential and accurate information about patients.		
	4. Makes informed decisions about diagnostic and therapeutic interventions.		
	5. Develops & carries out patient management plans.		
	6. Counsels and educates patients and their families.		
	7. Uses information technology to support patient care decisions and patient education.		
	8. Performs all medical procedures considered essential to the specialty of family practice.		
	9. Provides preventive health care consistent with the Osteopathic philosophy of health maintenance and disease prevention.		
	10. Works with health care professionals to provide patient-focused care.		

Program Director Initials \_\_\_\_\_

Competency	Skill	Competent	Evaluation Method
Interpersonal and Communication Skills	1. Creates and sustains a therapeutic and ethically sound relationship with patients.		
	2. Uses effective listening skills.		
	3. Provides information using effective nonverbal, explanatory questioning, and writing skills.		
	4. Works effectively with others as a member of a health care team.		
	5. Demonstrates team leadership skills.		

Program Director Initials \_\_\_\_\_

Competency	Skill	Competent	Evaluation Method
Professionalism	1. Demonstrates respect, compassion and integrity.		
	2. Responsive to the needs of patients and society.		
	3. Accountability to patients, society, and the profession.		
	4. Committed to ongoing professional development.		
	5. Demonstrates ethical principles in providing or withholding care, confidentiality of patient information, informed consent, and business practices.		
	6. Demonstrates sensitivity to patient's culture, age, gender, and disabilities.		
	7. Demonstrates an understanding of the issues of bio-ethics and medical jurisprudence.		
	8. Understands how physician's personal behavior affects the patient's perception of them as a role model for responsibility in their own health.		
	9. Understands the importance of recognizing cultural diversity among the patient population and within the community.		

Program Director Initials \_\_\_\_\_

Competency	Skill	Competent	Evaluation Method
Practice-Based Learning and Improvement	1. Analyzes own practice for needed improvements.		
	2. Uses evidence from scientific studies.		
	3. Applies research and statistical methods to the appraisal of clinical studies.		
	4. Uses information technology.		
	5. Facilitates learning of others.		
	6. Utilizes evidence-based principles to determine appropriate strategies for care.		
	7. Understands the importance of patient education in the area of injury prevention, especially motor vehicle accidents, accidents in the home, sports injuries, and domestic violence.		
	8. Understands the concepts of and principles behind evidence-based medicine.		
	9. Critically evaluates medical literature and its applicability to clinical practice.		
	10. Participates in scholarly activities and conveys findings to his/her peers.		

Program Director Initials \_\_\_\_\_

Competency	Skill	Competent	Evaluation Method
Systems-Based Practice	1. Understands the interaction of their practice with health care systems.		
	2. Has knowledge of types of medical care delivery systems.		
	3. Practices cost effective health care.		
	4. Advocate for quality patient care.		
	5. Assists patients in dealing with system complexities.		
	6. Partners with health care managers to assess, coordinate, and improve health care.		
	7. Has developed medical practice management skills.		
	8. Demonstrates an understanding of entering into contractual arrangements with health care systems.		
	9. Demonstrates an understanding of community systems and agencies that enter into aspects of health care.		
	10. Demonstrates an understanding of risk management.		
	11. Demonstrates an understanding of office management, principles of reimbursement, and coding.		
	12. Utilizes community resources to assist in the management of patients.		
	13. Understands the role of local health departments in the management of patients.		
	14. Is familiar with the evaluation of industrial injury and the criteria for returning to work.		
	15. Is familiar with the basic guidelines for reporting criteria for communicable diseases.		

**Program Director Initials** \_\_\_\_\_

**Patient Care Competency Evaluation**  
**To be Completed by the Family Practice Resident During the Course of Their Training**

**GENERAL**

Competency	Satisfactory	Signature(s)	Date
1. Delivers osteopathic care to patients in an ambulatory setting.			
2. Manages effectively a normal caseload during a scheduled day.			
3. Has achieved expertise in: <ul style="list-style-type: none"> <li><input type="checkbox"/> Methods of referring patients.</li> <li><input type="checkbox"/> Methods of counseling.</li> <li><input type="checkbox"/> Providing patient education.</li> <li><input type="checkbox"/> Delivery of Osteopathic Manipulative Treatment.</li> <li><input type="checkbox"/> Diagnosis and treatment of patients in all age groups.</li> <li><input type="checkbox"/> Providing preventative measures for a varied patient population.</li> <li><input type="checkbox"/> Diagnosing and managing medical and surgical problems.</li> </ul>			
4. Is familiar with the use of community resources in total patient care.			
5. Functions as a part of a health care team.			

**Program Director Initials** \_\_\_\_\_

**HOSPITAL CARE**

Competency	Satisfactory	Signature(s)	Date
1. Recognizes those patients who should be managed in a hospital setting.			
2. Can manage patients in the hospital setting.			
3. Can manage hospitalized patients after discharge.			
4. Seeks specialty consultation when appropriate and maintain direct responsibility for the management of the patient.			
5. Can perform specific procedures as outlined in the procedure section of this document.			
6. Understands and utilizes appropriate pharmacologic interventions.			

**BEHAVIORAL SCIENCE**

Competency	Satisfactory	Signature(s)	Date
1. Understands normal life cycle.			
2. Utilizes appropriate interviewing skills.			
3. Utilizes appropriate counseling skills.			
4. Can diagnose and manage substance abuse.			
5. Can diagnose and manage eating disorders.			
6. Can diagnose and manage psychiatric disorders commonly seen in family practice.			
7. Manages the emotional aspects of medical diseases.			
8. Recognizes signs of family violence including abuse and neglect.			
9. Recognizes the role of ethics in patient care.			
10. Understands the importance of being sensitive to gender, age, race, and cultural differences within his/her patient population.			
11. Demonstrates knowledge of psychopharmacology.			
12. Demonstrates an understanding of situations that have the potential of leading to the patient's impairment.			

**PRACTICE MANAGEMENT**

Competency	Satisfactory	Signature(s)	Date
1. Demonstrates an understanding of contractual arrangements with health care systems.			
2. Demonstrates an understanding of community systems and agencies that enter into aspects of health care.			
3. Demonstrates and understanding of risk management.			
4. Demonstrates and understanding of office management, principles of reimbursement, and coding.			

**Program Director Initials** \_\_\_\_\_

## GERIATRICS

Competency	Satisfactory	Signature(s)	Date
1. Understands the physiologic changes that occur with aging.			
2. Differentiates between normal age-related changes and disease pathology.			
3. Recognizes atypical presentations of diseases in elderly individuals.			
4. Utilizes basic geriatric assessment tools in clinical practice.			
5. Is able to assess and assign appropriate levels of long-term care for elderly persons.			
6. Understands the differences among the continuum of care for elders.			
7. Manages the elderly patient in various levels of care.			
8. Understands the role of the family in the care of the elderly.			
9. Is able to perform a functional assessment of elderly.			
10. Understands the role of a multidisciplinary team in the care of the elderly.			
11. Is able to access available community resources to care for frail and/or homebound elderly patients.			
12. Utilizes Osteopathic Manipulative Treatment (with special attention to myofascial release, strain counter strain, and muscle energy) in the treatment of the elderly patient.			
13. Understands the role of and utilize hospice in the care of the dying patient.			
14. Understands the use of appropriate immunizations in the elderly patient.			
15. Understands the issue of self-determination including advanced directives.			
16. Understands strategies to optimize quality of life.			
17. Understands appropriate pain management in the elderly.			
18. Understands pharmacokinetics in the elderly.			
19. Recognizes the importance of being an advocate for accessibility to health care for all elderly patients.			

**Program Director Initials** \_\_\_\_\_

## INTERNAL MEDICINE

### A. ALLERGY AND IMMUNOLOGY

Competency	Satisfactory	Signature(s)	Date
1. Understands the physiology of the allergic response.			
2. Understands immunosuppression.			
3. Understands the mechanism of desensitization.			
4. Is able to care for the allergic patient.			
5. Understands the role of somatic dysfunction and the relationship of osteopathic principles and treatment on the immune system.			

### B. CARDIOLOGY

Competency	Satisfactory	Signature(s)	Date
1. Understands the variety of management strategies for cardiac disease.			
2. Recognizes symptoms of cardiac disease.			
3. Understands the cardiac effects of pulmonary disease.			
4. Understands cardiac manifestations of systemic diseases.			
5. Understands the indications for open-heart surgery.			
6. Understands the role of somatic dysfunction in cardiac disease.			
7. Integrates osteopathic manipulative treatment into the management of patients with cardiac disease.			
8. Is able to perform a preoperative cardiac assessment.			

### C. DERMATOLOGY

Competency	Satisfactory	Signature(s)	Date
1. Is able to recognize and manage common dermatological conditions.			
2. Is able to identify allergic etiologies of dermatologic lesions.			
3. Knows the indications for dermal biopsy.			
4. Recognizes dermatologic manifestations of systemic disease.			

Program Director Initials \_\_\_\_\_

**D. ENDOCRINOLOGY**

Competency	Satisfactory	Signature(s)	Date
1. Is able to diagnose and manage uncomplicated diabetes and thyroid disorders.			
2. Understands the indications for surgery in the management of endocrine disorders.			

**E. GASTROENTEROLOGY**

Competency	Satisfactory	Signature(s)	Date
1. Screens appropriately for colorectal cancer.			
2. Understands the role of osteopathic principles and treatment in the diagnosis and management of gastrointestinal disease.			
3. Understands the indications for surgery in gastrointestinal disease.			
4. Manages uncomplicated diseases of the gastrointestinal system.			

**F. HEMATOLOGY**

Competency	Satisfactory	Signature(s)	Date
1. Is able to diagnose and manage anemia.			
2. Understands hematopoiesis.			
3. Understands the diagnosis and management of coagulopathies.			

**G. INFECTIOUS DISEASE**

Competency	Satisfactory	Signature(s)	Date
1. Is able to diagnose and manage common infectious diseases.			
2. Understands the epidemiology of infectious diseases.			
3. Appreciates the role of the health care team in the control of infectious disease.			
4. Understands the role of the immune system in health and disease.			
5. Understands the role of antibacterial, anti-fungal, and anti-viral agents in the management of infectious disease.			

**Program Director Initials** \_\_\_\_\_

**H. NEPHROLOGY**

Competency	Satisfactory	Signature(s)	Date
1. Understands electrolyte and acid-base disturbances.			
2. Understands the etiology and diagnosis of nephrotic diseases.			
3. Is able to diagnose and manage common medical disorders of the kidney.			
4. Utilizes pharmacologic agents appropriately in patients with renal disease.			

**I. NEUROLOGY**

Competency	Satisfactory	Signature(s)	Date
1. Is able to diagnose and manage common disorders of the nervous system.			
2. Understands the role osteopathic manipulation plays in the management of neurologic disorders.			

**J. ONCOLOGY**

Competency	Satisfactory	Signature(s)	Date
1. Is able to screen for and diagnose common cancers.			
2. Participates with the oncologist in the care of cancer patients.			
3. Utilizes a team approach for the care of cancer patients.			
4. Utilizes Hospice in the management of the terminally ill patient.			

**K. PULMONOLOGY**

Competency	Satisfactory	Signature(s)	Date
1. Is able to perform a preoperative pulmonary assessment.			
2. Is able to diagnose and manage common pulmonary diseases.			
3. Understands the role of osteopathic manipulation in the treatment of pulmonary disease.			

**Program Director Initials** \_\_\_\_\_

**L. RHEUMATOLOGY**

Competency	Satisfactory	Signature(s)	Date
1. Is able to diagnose and manage common disorders of the musculoskeletal system.			
2. Is able to diagnosis diffuse connective tissue disease.			
3. Understands the role osteopathic manipulation plays in the management of patients with rheumatologic disease.			

**SURGERY**

Competency	Satisfactory	Signature(s)	Date
1. Is able to diagnose and manage surgical disorders and surgical emergencies.			
2. Refers patients with surgical problems in a timely and appropriate fashion, to the appropriate surgical specialist.			
3. Is able to assist the surgeon in the operating room.			
4. Performs those specific surgical procedures that family physicians may be called on to perform.			
5. Is able to manage, in conjunction with the surgeon, the surgical patient during the preoperative and postoperative period.			
6. Understands basic surgical principles of asepsis, handling of tissue, and assisting in the operating room.			

**Program Director Initials** \_\_\_\_\_

**A. GENERAL SURGERY**

Competency	Satisfactory	Signature(s)	Date
1. Is able to recognize and manage, with the surgeon, conditions requiring surgical care.			
2. Provides pre-hospital preparation of the elective surgical patient.			
3. Integrates osteopathic principles and manipulative treatment in the management of surgical patients.			
4. Is able to perform specific surgical procedures as outlined in this document.			

**B. OPHTHALMOLOGY**

Competency	Satisfactory	Signature(s)	Date
1. Is able to diagnose and manage common ophthalmologic conditions that may present to the family physician's office.			

**C. ORTHOPEDICS**

Competency	Satisfactory	Signature(s)	Date
1. Is able to diagnose and manage common orthopedic conditions that patients may present to the family physician's office.			
2. Integrates osteopathic manipulative treatment into the management of orthopedic disorders.			

**D. OTOLARYNGOLOGY**

Competency	Satisfactory	Signature(s)	Date
1. Is able to diagnose and manage common otolaryngologic conditions that may present to the family physician's office.			
2. Integrates osteopathic principles and manipulative treatment into the management of disorders of the ear, nose, and throat.			

**E. UROLOGY**

Competency	Satisfactory	Signature(s)	Date
1. Is able to diagnose and manage common urologic conditions that may present to the family physician's office.			
2. Integrates osteopathic principles and manipulative treatment into the management of urologic disorders.			

**Program Director Initials** \_\_\_\_\_

## OBSTETRICS AND GYNECOLOGY

Competency	Satisfactory	Signature(s)	Date
1. Is able to manage low risk obstetrical patients in the in-patient and outpatient setting.			
2. Recognizes early signs and symptoms of fetal and/or maternal distress during pregnancy.			
3. Seeks appropriate preventive or corrective measures to insure the health and safety of both the fetus and the mother.			
4. Recognizes medical and surgical problems in the obstetrical patient.			
5. Is able to manage common gynecologic problems.			
6. Integrates the use of osteopathic manipulative treatment in the management of obstetrics and gynecologic disorders.			
7. Obtains appropriate consultation.			

**Program Director Initials** \_\_\_\_\_

## PEDIATRICS AND ADOLESCENT MEDICINE

Competency	Satisfactory	Signature(s)	Date
1. Is able to diagnose and manage pediatric problems encountered in family practice.			
2. Is able to manage pediatric emergencies.			
3. Is able to provide general care of the newborn in the hospital and office setting.			
4. Is able to provide well childcare, up to and including adolescence.			

## EMERGENCY MEDICINE

Competency	Satisfactory	Signature(s)	Date
1. Demonstrates the appropriate triage of emergency patients.			
2. Is able to provide emergency care for stabilization and initial treatment of emergency patients.			
3. Has successfully passed ACLS.			

**Program Director Initials** \_\_\_\_\_

**SPORTS MEDICINE**

Competency	Satisfactory	Signature(s)	Date
1. Is able to evaluate individual for athletic participation clearance.			
2. Is able to manage uncomplicated injuries sustained in sports related activities.			

**COMMUNITY MEDICINE**

Competency	Satisfactory	Signature(s)	Date
1. Identifies modifiable risk factors for the prevention of disease.			
2. Understands the role of and utilize Hospice in the care of the dying patient.			

**Program Director Initials** \_\_\_\_\_

**DIAGNOSTIC IMAGING**

Competency	Satisfactory	Signature(s)	Date
1. Utilizes appropriate studies to appropriately diagnose and manage common medical and surgical diseases.			

**MANDATORY PROCEDURAL COMPETENCE (REQUIRED PROCEDURES)**

Competency	Date Completed	Signature
1. Incision and drainage of abscess		
2. Biopsy of skin		
3. Excision of subcutaneous lesions		
4. Cryosurgery of skin		
5. Curretage of skin lesion		
6. Laceration repair		
7. Injection of shoulder joint		
8. Injection/aspiration of knee joint		
9. Injection of sacroiliac joint		
10. Endometrial biopsy		
11. Colposcopy with biopsy		
12. Office microscopy		
13. Casting		
14. EKG interpretation		
15. Office spirometry		
16. Toenail removal		
17. Defibrillation		
18. Removal of cerumen from ear canal		
19. Insertion of urethral catheter		
20. Endotracheal intubation		

**Program Director Initials** \_\_\_\_\_

**OPTIONAL PROCEDURES**

Competency	Date Completed	Signature
1. Vasectomy		
2. Central line placement		
3. Vaginal delivery		
4. Episiotomy repair		
5. Flexible sigmoidoscopy		
6. Colonoscopy		
7. Lumbar puncture		
8. IUD insertion		
9. Breast cyst aspiration		
10. Epistaxis management (nasal packing/ anterior cautery)		
11. Trigger point injections		
12. Allergy testing		
13. Neonatal circumcision		

**Program Director Initials** \_\_\_\_\_

In my opinion, \_\_\_\_\_ is  
competent in all

(Resident's Name)

of the preceding areas as indicated by signatures.

\_\_\_\_\_  
Program Directors Name (Print)

\_\_\_\_\_  
Program Directors Name (Signature)

\_\_\_\_\_  
Date